

Slim For Life: The Ultimate Health And Detox Plan By Gillian McKeith



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Originally published: Dr Gillian McKeith's ultimate health plan. London : Michael Joseph, 2006.Includes index.

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Slim for Life: The Ultimate Health and Detox Plan Paperback – December 18, 2007. You Are What You Eat: The Plan That Will Change Your Life by Gillian McKeith Paperback \$10.08. She is also the author of Living Food for Health, Gillian McKeith's Food Bible, Slim for Life, and You

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