

**The Great American Heart Hoax: Lifesaving Advice
Your Doctor Should Tell You About Heart Disease
Prevention (But Probably Never Will) By Michael
Ozner M.D.**



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Winning the losing battle

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In *The Great American Heart Hoax* (BenBella Books, 2008), esteemed cardiologist MICHAEL OZNER, MD, opening book offers lifesaving advice your doctor should tell you about heart disease prevention—but probably never will. Most heart

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Heart disease prevention and the mediterranean diet – dr. michael

Dr. Ozner's new book is *The Great American Heart Hoax: Lifesaving Advice Your Doctor Should Tell You About Heart Disease Prevention (But Probably Never Will)*. He is the author of the best-selling *The Miami Mediterranean Diet: Lose Weight and Lower Your Risk of Heart Disease*. Both books were

Books - heart attack proof, dr. michael ozner, stroke, diabetes

Obesity, diabetes, heart disease, and cancer—all diseases that have been traditional Mediterranean diet—clinically proven to reduce your risk of heart disease, cancer, MD, *The Great American Heart Hoax* (BenBella Books, 2008), offers the first should tell you about heart disease prevention—but probably never will.

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Dr. Ozner is also past Chairman of the American Heart Association of Miami. and is symposium director of Cardiovascular Disease Prevention, an annual *The blood tests that can save your life; The three essential questions you must* *The Great American Heart Hoax Lifesaving Advice Your Doctor Should Tell You*

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The great american heart hoax: lifesaving advice your doctor

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Michael Ozner, MD, FACC, FAHA, is one of America's leading advocates for heart disease prevention. Dr. Ozner is a board-certified cardiologist; a Fellow of the

Reduce your risk of heart disease with dr. ozner's 10-step prevention

Below he shares his 10-step heart disease prevention program. recently released The Great American Heart Hoax: Lifesaving Advice Your Doctor Should Tell You About Heart Disease Prevention (But Probably Never Will)

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