

# **Unjunk Your Junk Food: Healthy Alternatives To Conventional Snacks By Andrea Donsky, Randy Boyer**



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Andrea Donsky, Founder and Editor-in-Chief of NaturallySavvy.com, and co-author of “Unjunk Your Junk Food: Healthy Alternatives to

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Unjunk your junk food : healthy alternatives to conventional snacks / Andrea Donsky and Randy Boyer ; with Lisa Tsakos.

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### **Junk foods that are actually healthy - the nest**

Nestperts: Andrea Donsky, co-creator of NaturallySavvy.com and coauthor of Unjunk Your Junk Food: Healthy Alternatives to Conventional Snacks, and Tamara

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I consider myself a pretty healthy person who is mindful of my food choices. If you enjoyed this post, make sure you Book Review: “Unjunk Your Junk Food – Healthy Alternatives to Conventional Snacks”. By. Gina. – April 18, 2012 Posted in:

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